



Coastal Restaurant & Pub

Ingonish, Nova Scotia

Appetizers

Warm Mexican Dip

Salsa, cream cheese, sour cream and our own special spices topped with our cheese blend and baked in our oven. Served with our homemade tortilla chips. 10.99

Fresh Maritime Mussels

Fresh mussels delivered daily. Steamed in white wine and garlic. 7.99

Chicken Wings

Served with crisp vegetables and ranch dressing. 11.99

Choose your sauce: Hot, medium, mild, thai, honey garlic, sea salt and cracked pepper, Coastal BBQ, Montreal steak, Ridonkulous.

Coastal Crab Dip

Featured on "you gotta eat here." Fresh crab mixed with cream cheese, spices and finished in our oven. Served with our homemade tortilla chips. 12.99

Potato Skins (Local Favorite)

Oven baked and topped with mixed cheese, tomato, green onion and bacon bits. Served with sour cream. 11.99

Nachos

Crisp tortilla chips topped with mixed cheese, tomato, green onion and bacon bits. Served with sour cream and salsa. (Gluten option available) 12.99

Perfect Storm (Fisherman's Dream)

Our homemade seafood chowder packed with fresh local seafood along with lobster and crab and rimmed with mussels. 23.99

Soups and Salads

Soup of the Day

Ask your server what we have available. 4.99

Ingonish Seafood Chowder

Fresh Atlantic seafood and natural seasonings simmered in light cream. Cup 7.99 Bowl rimmed with mussels 13.99

French Onion Soup

A homemade delight. 6.49

Spinach Salad

Fresh spinach, bacon, mushrooms, egg and apples tossed in our creamy maple dressing and topped with our shredded cheese blend. 8.99

Cashew Chicken Spinach Salad

Grilled chicken and cashews mixed with fresh spinach, apples and mushrooms then tossed in our creamy maple dressing and topped with our shredded cheese blend. 12.99

Caesar Salad

Fresh romaine mixed with croutons and bacon, tossed in our creamy Caesar dressing and topped with fresh parmesan cheese. 7.99

Make it a grilled chicken Caesar for 11.99

Garden Salad

Crisp romaine tossed with tomato, peppers, red onion, mushroom, carrots and topped with our own cheese blend with your choice of dressing 6.99

Grilled Chicken with Goat Cheese and Balsamic Vinaigrette

Crisp romaine and baby spinach tossed with red onion, green pepper, mushroom and tomato in a balsamic vinaigrette topped with grilled chicken and herbed goat cheese. 12.99

Please notify your server of any allergy or dietary restrictions.

All prices are subject to applicable taxes.

Grilled Sandwiches

Instead of fresh cut fries you may substitute our waffle fries, onion rings, poutine. 2.99. Caesar, garden or spinach salad 3.99.
Sweet potato fries 3.49.

Grilled Chicken Focaccia

Featured on "You Gotta Eat Here." A grilled marinated chicken breast, lettuce, tomato and bacon with mozza on a grilled focaccia bun with sundried tomato pesto mayo! 13.99

Grilled Lobster Club (Our Atlantic Specialty)

Fresh lobster, bacon, lettuce, tomato and mayo on a freshly grilled focaccia bun. 17.99

Roasted Vegetable Panini

Medley of vegetables & spinach roasted with garlic, basil and balsamic vinegar topped with goat's cheese and grilled on a focaccia bun. 13.49

Fresh Snow Crab on Grilled Focaccia

Fresh Atlantic snow crab with romaine and tomato on a grilled focaccia bun. 17.49

Silly Philly (Pub Specialty)

House marinated steak sauteed with mushroom and onions. Topped with mozzarella and our thick crisp onion rings on a garlic toasted focaccia bun 14.99



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Sandwiches & Burgers

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Coastal Ringer

This burger started it all (it's a knockout). Featured on "You Gotta Eat Here" a 6 oz. burger grilled to perfection and brushed with our homemade smokey sauce then topped with crisp onion rings, two slices of bacon and melted mozzarella cheese on a kaiser bun. 13.49

The Big Lebowski

Featured on "You Gotta Eat Here." Made with 10 oz. of ground beef stuffed with bacon, mushroom, mozza and Swiss cheese topped with lettuce, tomato, and Coastal's homemade dressing on a sesame seed bun. 16.49

Jack 'N Dill Burger

A 6 oz. burger topped with crisp bacon, monterey jack cheese, queso cheddar sticks, breaded dill pickles and our new zinger sauce. 14.49

Highland Burger

A 6 oz. burger topped with tomato, pickle, onion, mustard, relish and ketchup on a kaiser bun. 8.99

Vegetarian Burger

A boca burger on a grilled bun with lettuce, tomato and mayo. 10.99

Clubhouse Sandwich

A triple decker sandwich on toasted bread with fresh roasted turkey, bacon, tomato, lettuce and mayo. 10.99

Hot Sandwich

Choose between a hot turkey or a hot hamburger. 11.99

The Full Monty

Our signature sandwich with black forest ham, turkey, tomato, and Swiss cheese dipped in egg and fried until golden. 12.99

Name That Burger

Our 6oz burger topped with smoked cheddar, apple smoked bacon, sliced dill pickle and our creamy peanut butter. 13.49

Wraps & Quesadillas

Club Wrap

Oven roasted turkey, mayo, bacon, peppers, tomatoes, red onions, lettuce and shredded cheese. 11.99

Chicken Wrap

Julienne chicken, tomatoes, peppers, red onions, lettuce and shredded cheese tossed in ranch dressing or our low calorie homemade honey mustard dressing. 11.99

Sante Fe Wrap

Breaded chicken breast, tomato, peppers, red onions, salsa, lettuce and shredded cheese tossed in our low calorie homemade honey mustard dressing. 11.99

Thai Chicken Wrap

Julienne chicken, tomatoes, peppers, red onions, lettuce and shredded cheese tossed in our homemade Thai sauce. 11.99

Buffalo Chicken Wrap

Breaded chicken breast, tomatoes, peppers, red onion, lettuce and shredded cheese tossed in our medium buffalo sauce. 11.99

BBQ Chicken Quesadilla

Julienne chicken tossed in our homemade BBQ sauce, peppers, red onion, tomato, mushrooms and Tex Mex cheese between a flour tortilla served with sour cream. 11.99

Mexican Quesadilla

Julienne chicken, peppers, red onion, tomato, salsa and Tex Mex cheese between a flour tortilla served with sour cream. 11.99

Vegetarian Quesadilla

Peppers, red and green onion, mushrooms, tomato, salsa and Tex Mex cheese in a flour tortilla served with sour cream. 11.99

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Dinners

Instead of fresh cut fries you may substitute our waffle fries, onion rings, poutine. 2.99. Caesar, garden or spinach salad 3.99. Sweet potato fries 3.49.

New York Striploin

A juicy 8 oz. striploin steak prepared to your liking and served with your choice of potato and vegetables. 16.99 Add mushroom and onion for 4.00

Seafood Pasta

Fresh lobster, baby shrimp, tiger shrimp, scallops, crab meat and mussels tossed with linguine noodles in our homemade marinara or alfredo sauce. 27.99

Fish & Chips (Local Favorite)

Two pieces of lightly beer battered haddock deep fried and served with our fresh cut fries. 12.99

Pan Fried Haddock

Two fresh haddock fillets lightly seasoned and pan fried with your choice of potato. 14.49

Fish Cakes & Homemade Baked Beans

Fresh cod, potatoes and onions pan fried, served with our homemade baked beans and chow chow. 11.99

Chicken Alfredo

Sautéed julienne chicken and medley of vegetables tossed with linguini noodles in a creamy alfredo sauce and served with garlic bread. 14.49

Chicken Fingers

Lightly battered chicken fingers served with our fresh cut fries and your choice of dipping sauce. 10.99

Great Sides From The Grill

Hamburger 6 oz. 4.99

Cheeseburger 6 oz. 5.49

Sweet Potato or Waffle Fries With dip 5.99

Fresh Cut Fries

Large 4.99 Small 4.29

Jumbo Hot Dog 3.00

Jumbo Cheese & Bacon Dog 4.49

Onion Rings 4.99

Moza Sticks

Six battered moza sticks served with sour cream. 7.99

Poutine 5.99

Beverages

Coastal Old Fashioned Milkshakes

Try one of our thick and creamy milkshakes served in three flavors: chocolate, vanilla, and strawberry 5.50

Ice Cream Float

A scoop of vanilla ice cream floating in delicious root beer or orange soda finished with whipped cream and a cherry 4.00

Coffee or Tea 1.99 (Free Refills)

Hot Chocolate 2.00

Pop or Iced Tea 2.29 (Free Refills)

Juice 2.29

White or Chocolate Milk

Large 2.29 Small 1.69

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